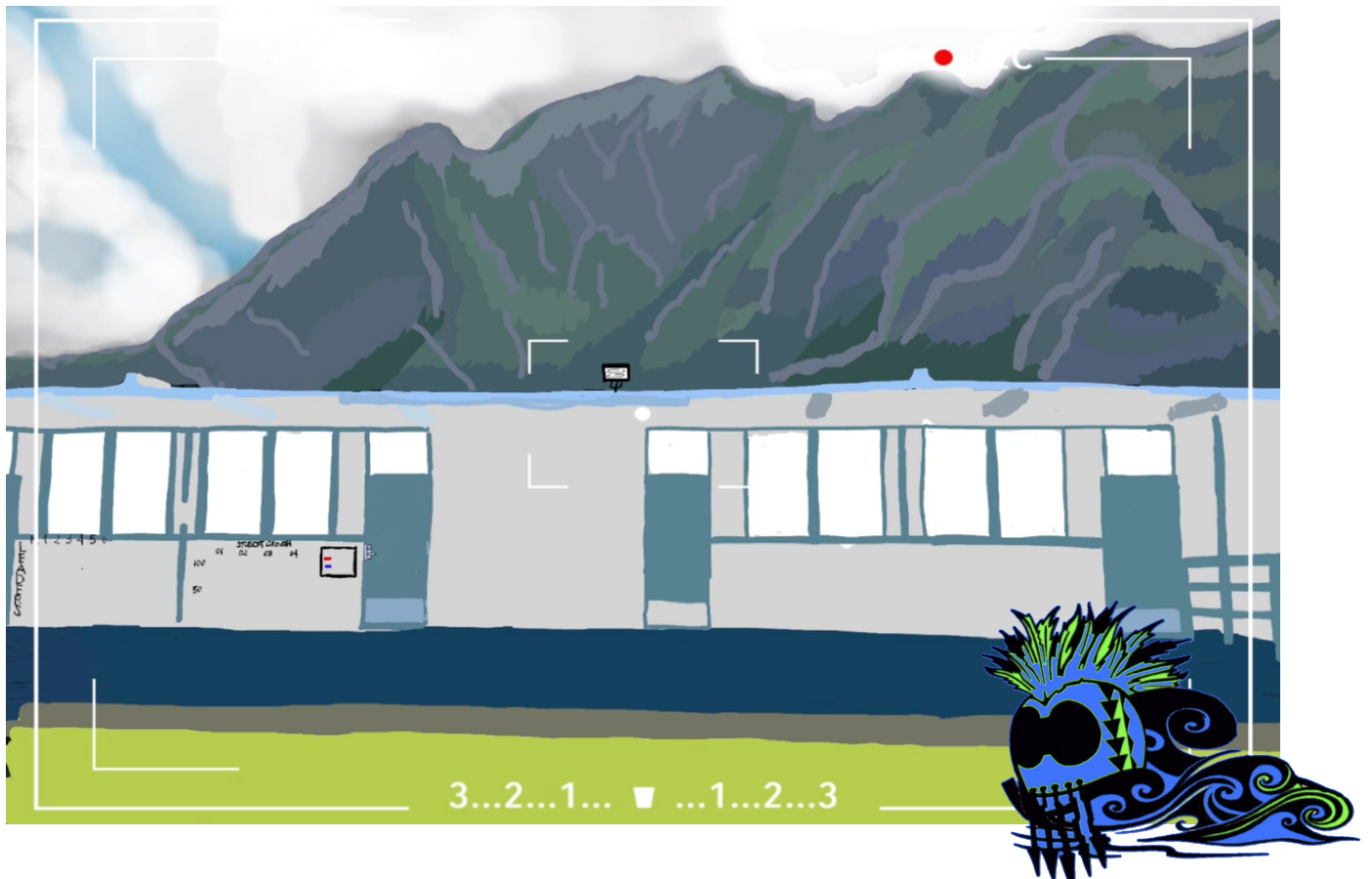


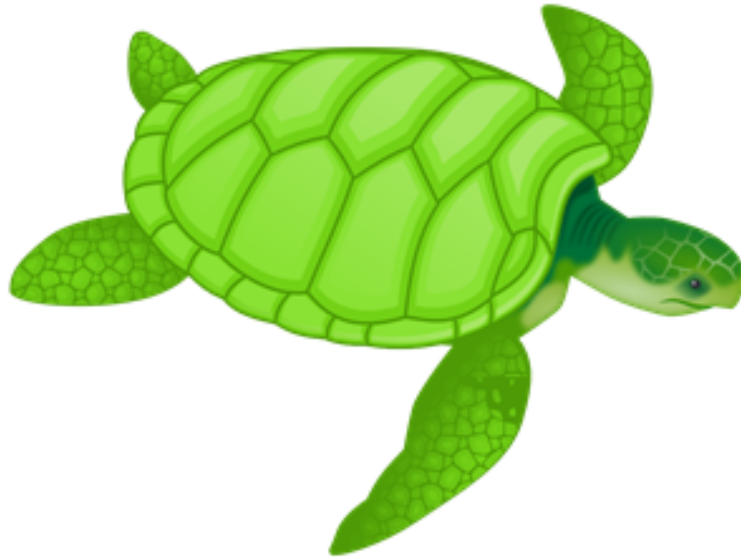
**E Ke Keiki, E Ke Keiki,
he aha kāu e 'ike aku nei?**



Keiki, Keiki
What do you see?

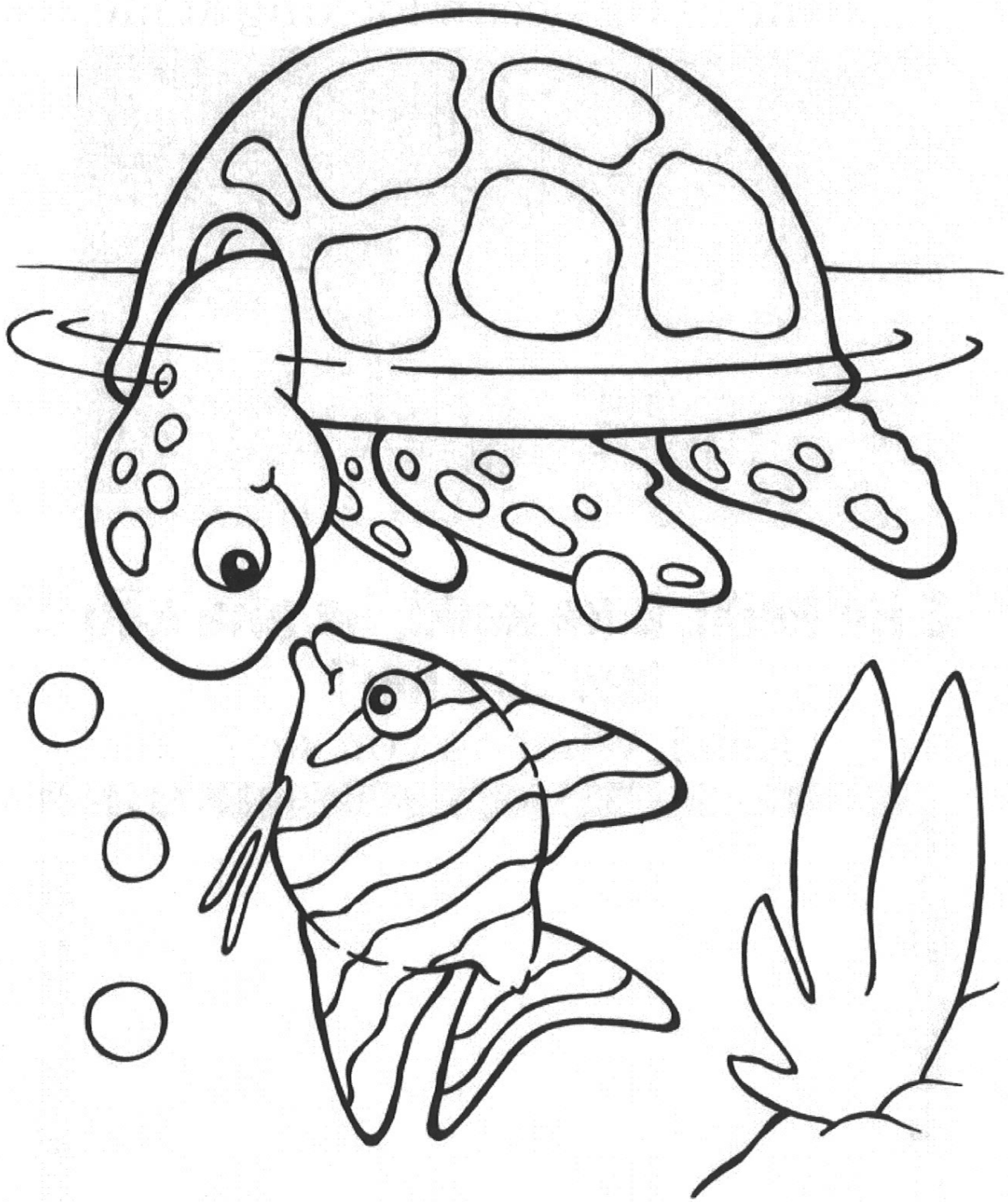
**'Ike au i ka honu 'OMA'OMA'O
e nānā mai nei**

I see the **GREEN** turtle looking at me.



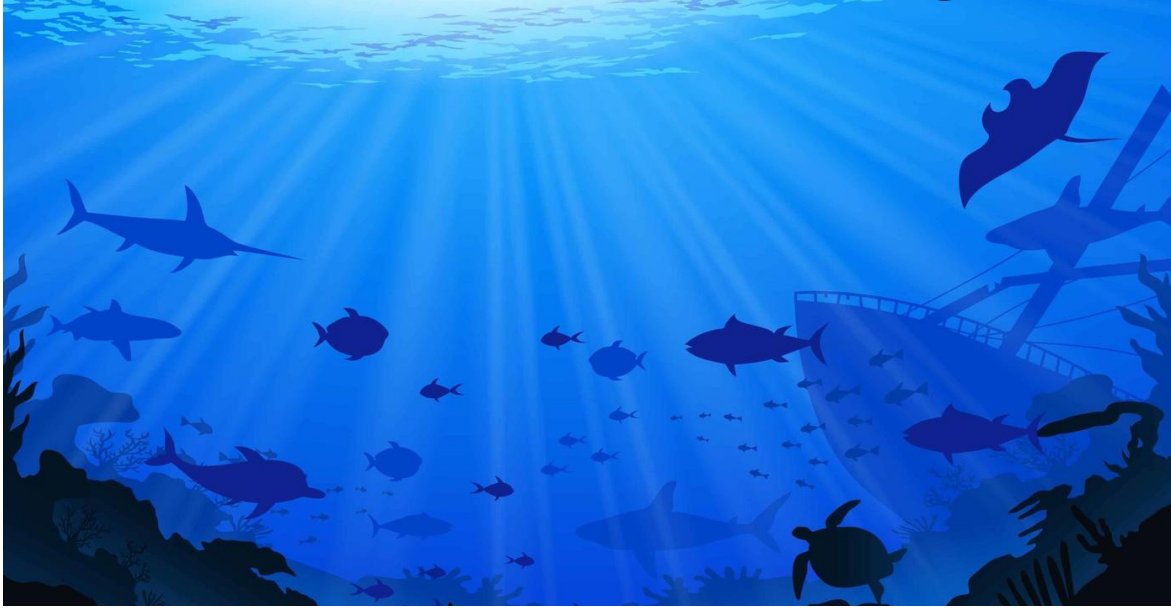
**E Ke Keiki, E Ke Keiki,
he aha kāu e 'ike aku nei?**

Keiki, What do you see?



**'Ike au i ke kai ULI
e nānā mai nei**

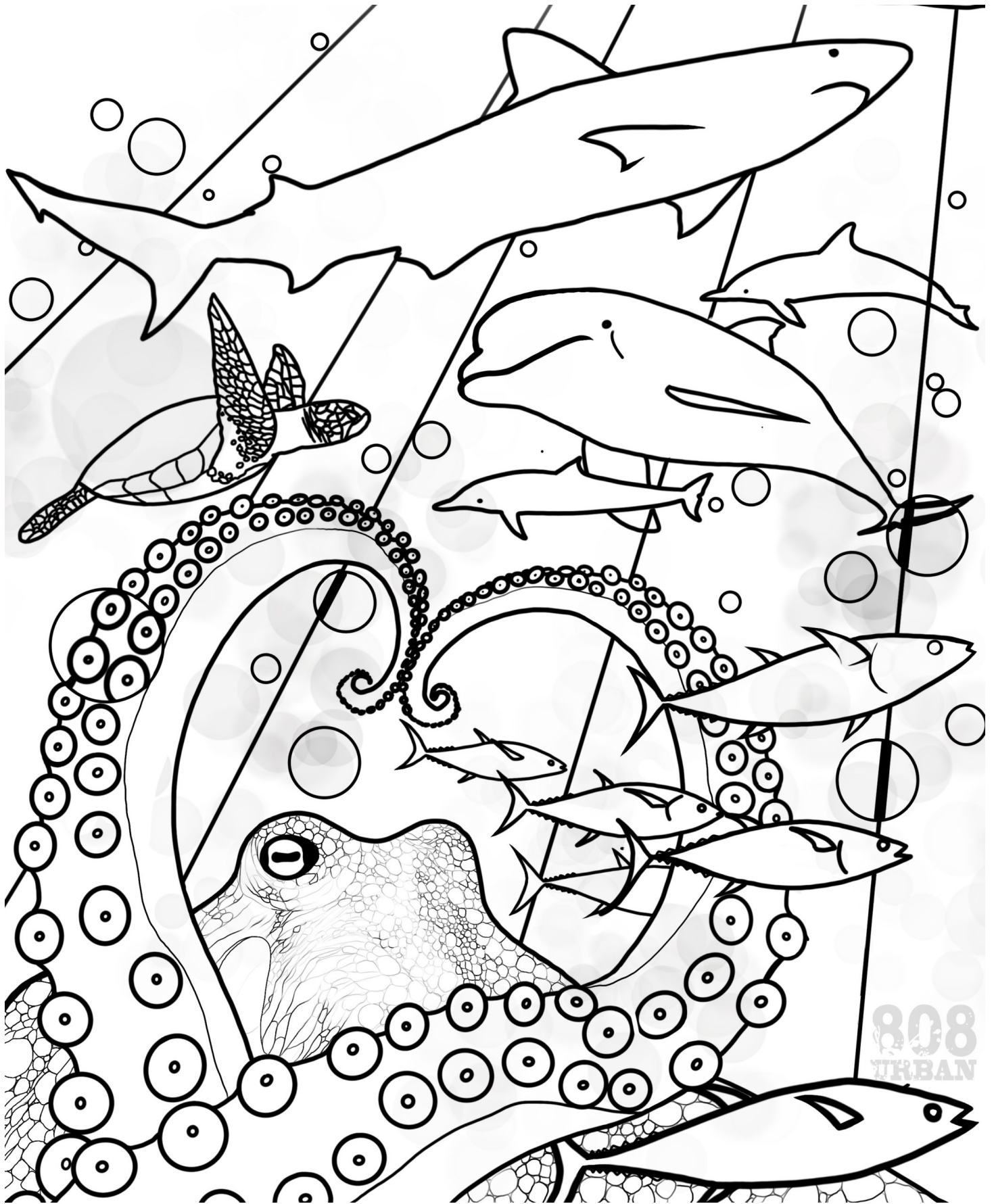
I see the **BLUE** ocean looking at me.



**E Ke Keiki, E Ke Keiki,
he aha kāu e 'ike aku nei?**

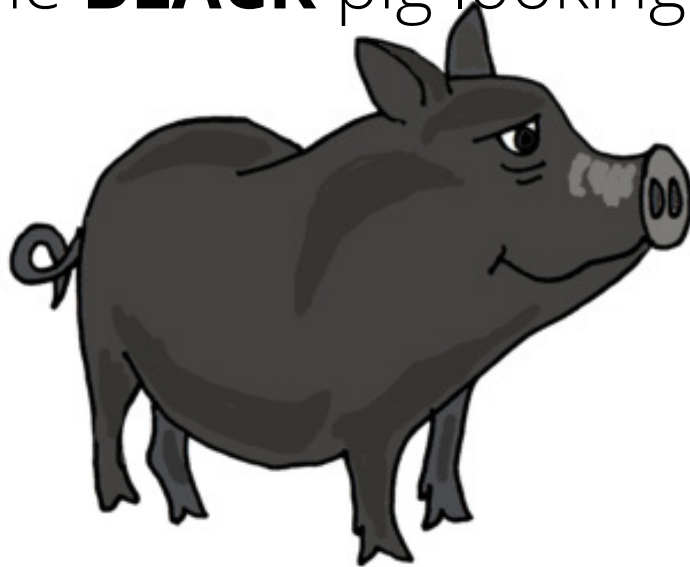
Keiki, What do you see?





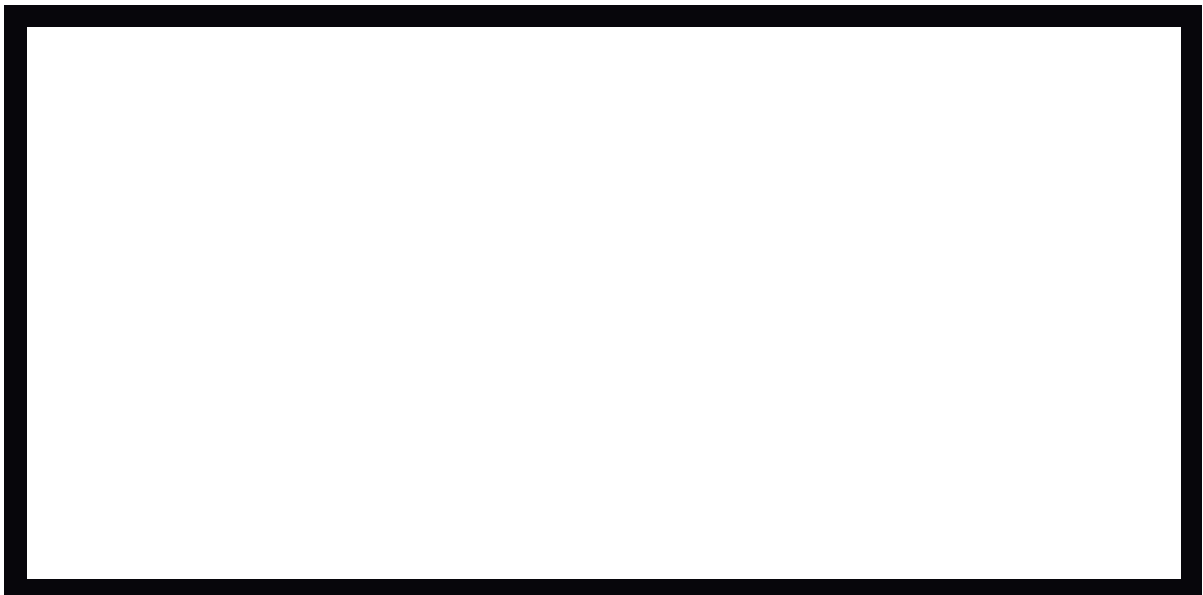
**'Ike au i ka pua'a'ELE'ELE
e nānā mai nei**

I see the **BLACK** pig looking at me.



**E Ke Keiki, E Ke Keiki,
he aha kāu e 'ike aku nei?**

Keiki, What do you see?



808
URBAN



**'Ike au i ka niu MAKU'E
e nānā mai nei**

I see the **BROWN** coconut looking at me.



**E Ke Keiki, E Ke Keiki,
he aha kāu e 'ike aku nei?**

Keiki, What do you see?



USES OF A COCONUT TREE

Roots –

Can be used for beverage, dye stuff, and medicine.



Trunk –

Extract paper pulp, produces durable wood for furniture pieces, building construction, residential houses and novelty items.



Shell –

A part of coconut fruit converted into charcoal for cooking or handicraft items and many more..



Husk –

Produces coir commonly used for creating ropes, mats, and coarse clothes.



Leaves –

When dried, produces good quality of paper pulp, midrib brooms, hats and mats, fruit trays, fans, midrib decors, lamp shades, bag and utility roof..



Spathe and Guinit –

Creates headgears like helmets and caps. It can also be used for creating handbags and sandal straps.



Flowers and Inflorescence –

Useful in creating apparels. Can also produce alcohol and vinegar by having the sap boiled to make syrup that will be processed and fermented.



Meat/Nut –

Good source of protein and a natural laxative. Produces products such as coco flour, desiccated coconut, coco milk, chips, candies, and animal feeds. Also use for salad and other sweet delicacies.



Water –

Provides proper hydration and natural kidney cleansing. It also balances the electrolytes in the body.



Oil –

Extracted from dried meat or kernel of a coconut. Noted for its anti-microbial properties. Popularly used for skin, hair and face.



**'Ike au i ka liliko'i MELEMELE
e nānā mai nei**

I see the **YELLOW** lilikoi looking at me.

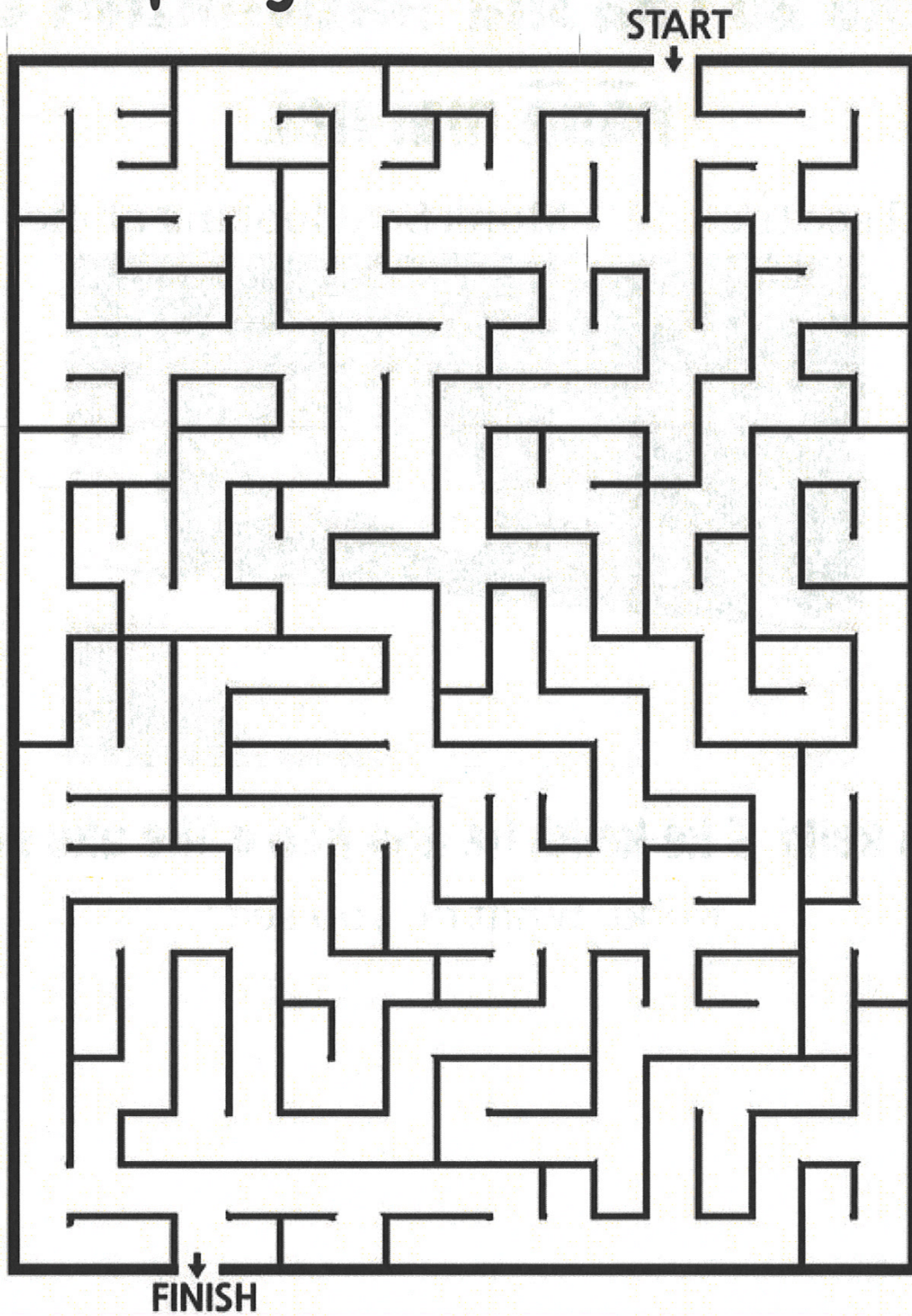


**E Ke Keiki, E Ke Keiki,
he aha kāu e 'ike aku nei?**

Keiki, What do you see?



Help us get to the liliko'i fruit



**'Ike au i ka sila 'ĀHINAHINA
e nānā mai nei**

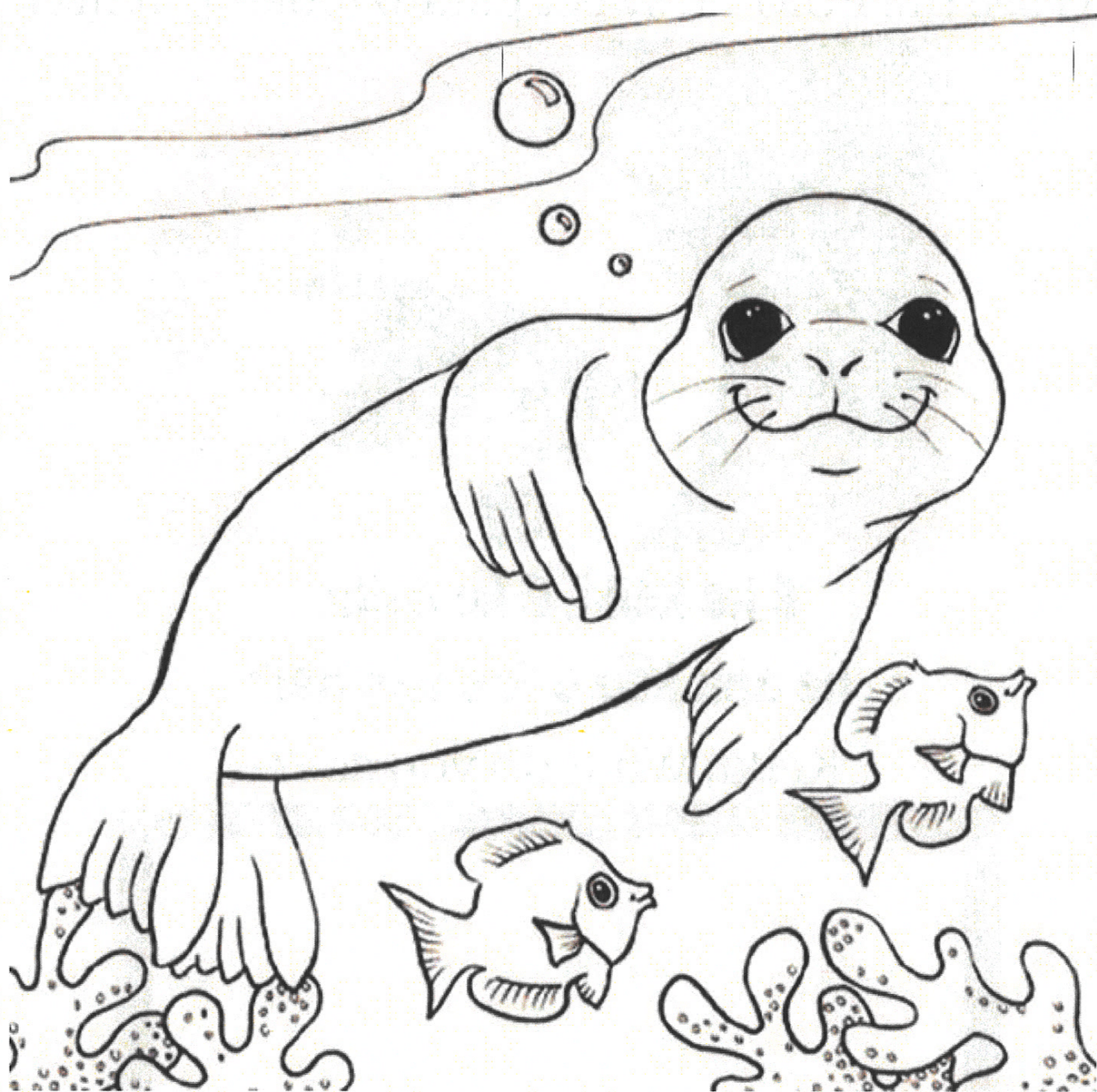
I see the **GREY** monk seal looking at me.



**E Ke Keiki, E Ke Keiki,
he aha kāu e 'ike aku nei?**

Keiki, What do you see?





'Ike au i ka 'uala **PONI
e nānā mai nei**

I see the **PURPLE** sweet potato looking at me.



**E Ke Keiki, E Ke Keiki,
he aha kāu e 'ike aku nei?**

Keiki, What do you see?



Koele Palau

Sweet Potato Pudding



Ingredients:

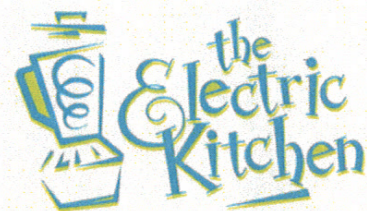
- 3 pounds Okinawan sweet potato
- 2 cans (12 ounces each) frozen coconut milk, thawed
- Shredded coconut, if desired

Directions:

Place potatoes in a large saucepan; cover with water. Bring to a boil, lower heat, and cook until tender, about 30 to 40 minutes. Peel and mash potatoes. Stir in coconut milk. Serve warm or cold. Garnish with shredded coconut. Makes 8 servings.

Approximate Nutrient Analysis per serving (not including shredded coconut):

270 calories, 18 g fat, 16 g saturated fat, 0 mg cholesterol, 80 mg sodium, 27 g carbohydrate, 5 g fiber, 5 g sugar, 4 g protein



**'Ike au i nā KE'OKE'O
e nānā mai nei**

I see the **WHITE** clouds looking at me.



**E Ke Keiki, E Ke Keiki,
he aha kāu e 'ike aku nei?**

Keiki, What do you see?

A large, empty rectangular box with a thin gray border, intended for a child to draw their response to the question.



'Ike au i ka 'ilima 'ALANI e nānā mai nei

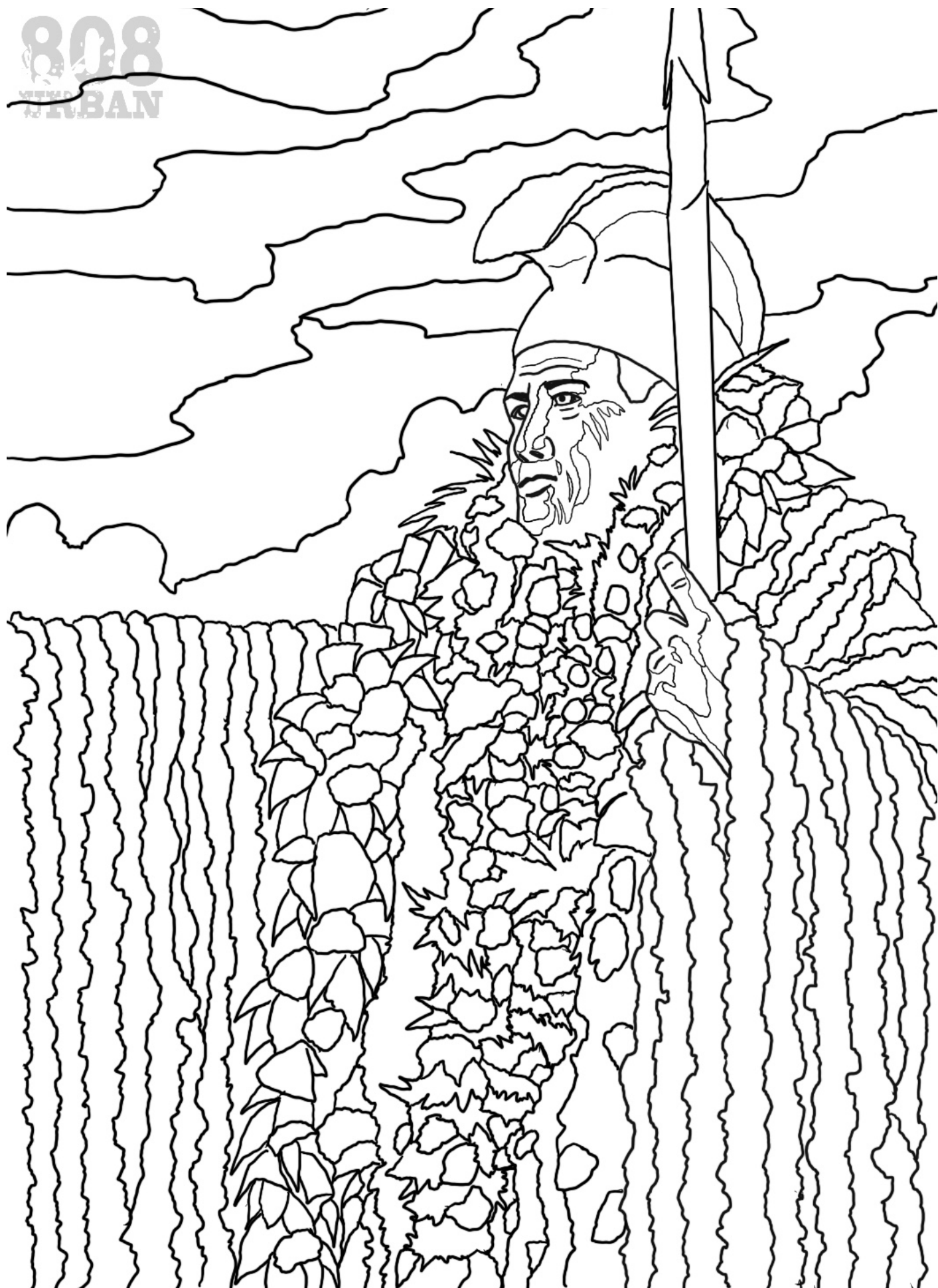
I see the **ORANGE** 'ilima looking at me.



**E Ke Keiki, E Ke Keiki,
he aha kāu e 'ike aku nei?**

Keiki, What do you see?





**'Ike au i ka pua 'ULA
e nānā mai nei.**

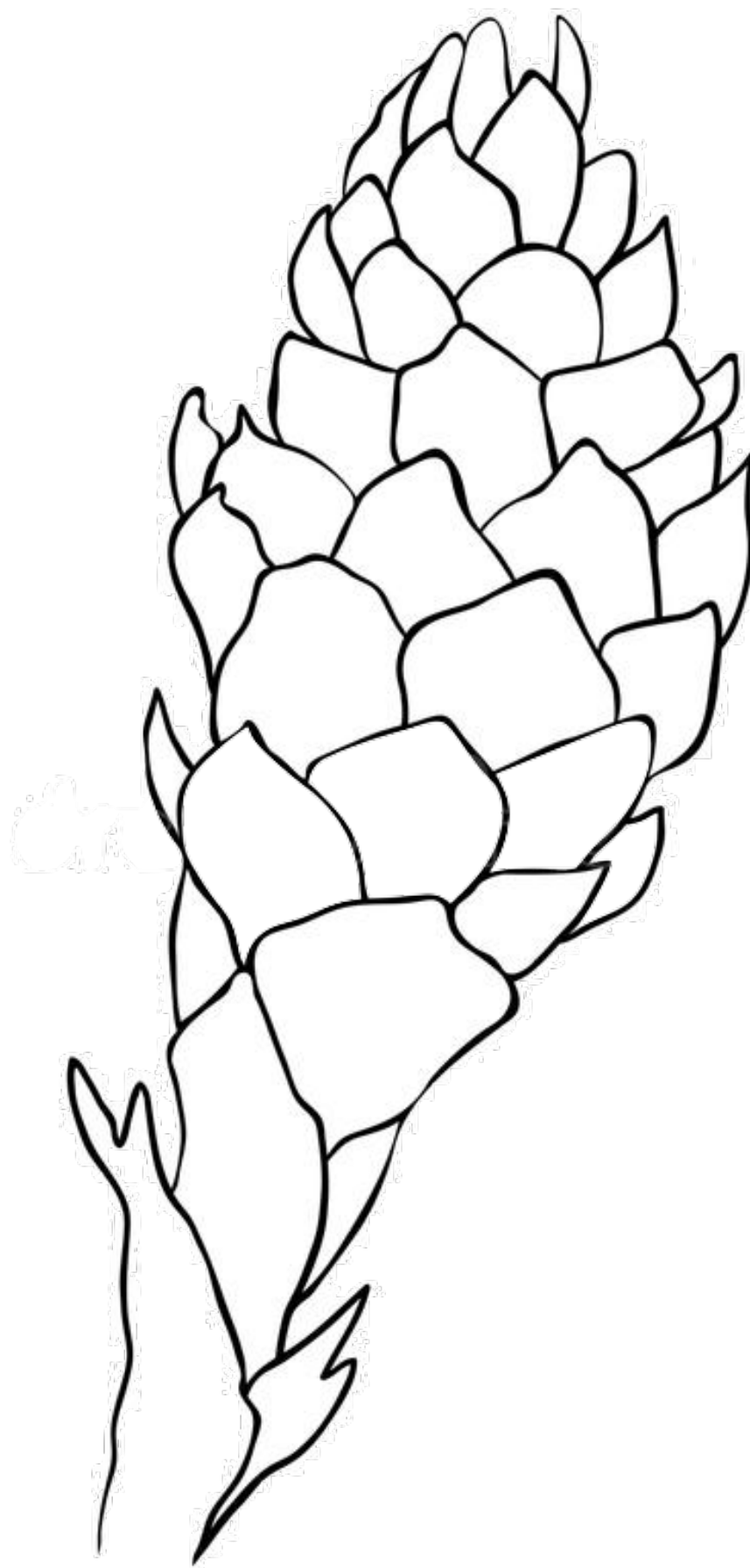
I see the **RED** flower looking at me.

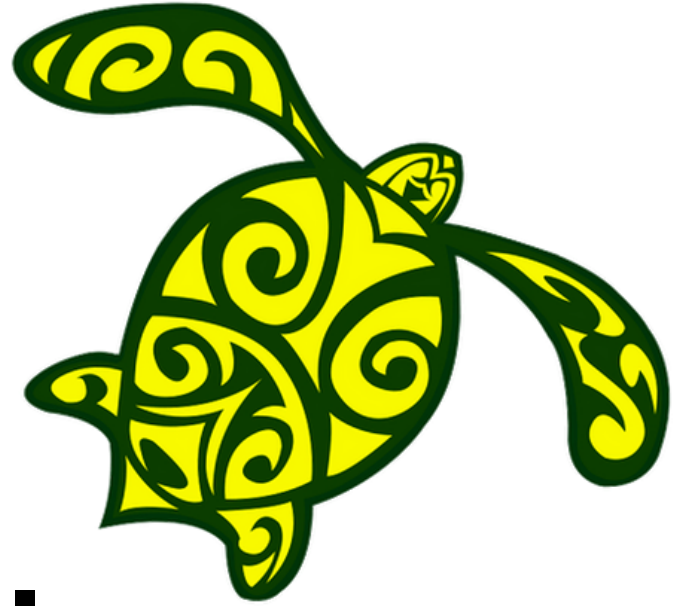


**E Ke Keiki, E Ke Keiki,
he aha kāu e 'ike aku nei?**

Keiki, What do you see?







Mahalo
Hau'ula Elementary
for partnering with us as we
venture into learning
OLELO HAWAII!



